

Recovery

RESOURCE GUIDE



NH DEPT. OF HEALTH AND HUMAN SERVICES

NHBDAS

BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery

NH Department of Health and Human Services

Division for Behavioral Health

Bureau of Drug and Alcohol Services

dhhs.nh.gov/dcbcs/bdas/index.htm

drugfreenh.org

This Recovery Resource Guide provides a listing of **state-funded recovery community centers**.

For statewide referrals and information, dial 211 or visit nhtreatment.org or nhrecoveryhub.org

“To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.”

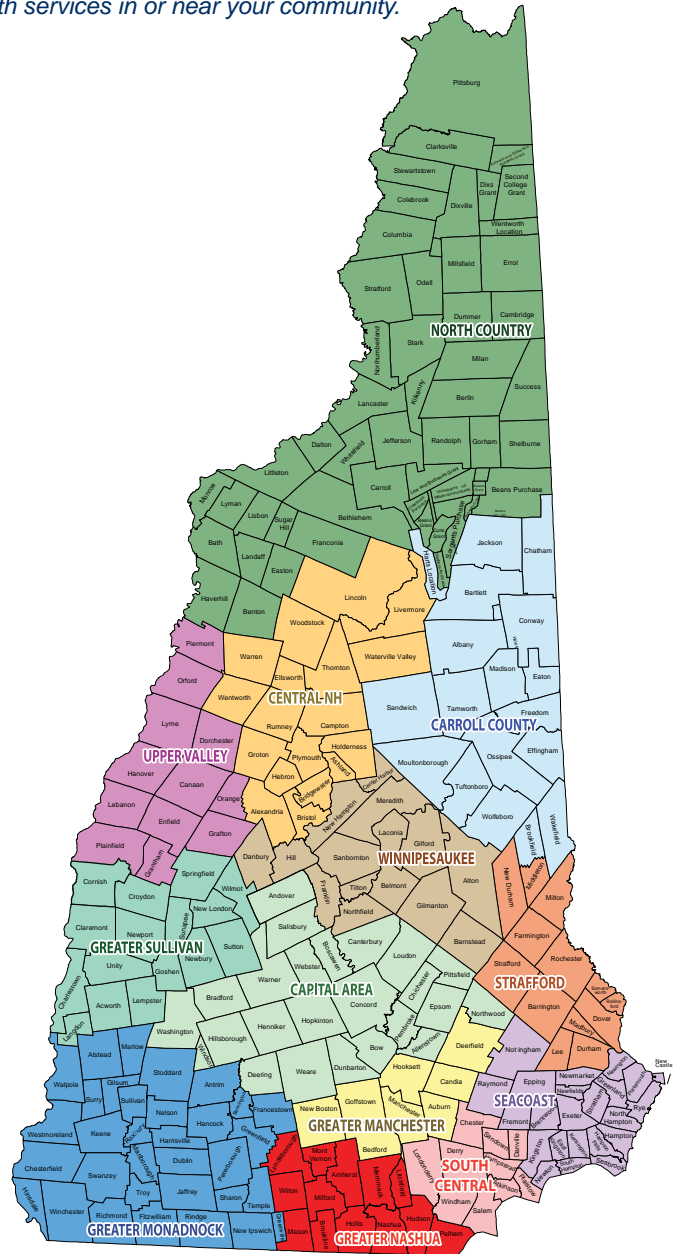
NHBDAS Mission

By location

Every community in New Hampshire is included in a Regional Public Health Network System. Turn to the page associated with your region or click the map on the PDF to automatically access the correct page with services in or near your community.

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- Greater Nashua 4
- South Central * NA



* Upper Valley, Capital Area, Central NH, and South Central regions do not have state-funded recovery programs as of February 2018.

Recovery Community Organizations are listed by location for convenience, but they all serve New Hampshire residents regardless of where they live in state. For a complete list of recovery programs offered throughout New Hampshire, please visit the NH Treatment Locator (nhtreatment.org) and select the box titled “Recovery Support Services” or visit the NH Recovery Hub at nhrecoveryhub.org

This Recovery Resource Guide provides a listing of state-funded Recovery Community Organizations that have recovery centers.

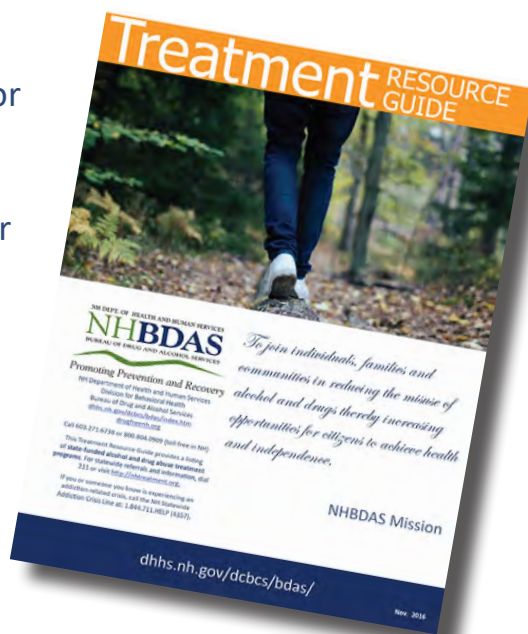
For a comprehensive list of treatment and recovery support services across the state, please visit: nhtreatment.org or nhrecoveryhub.org.

New Hampshire's vibrant peer recovery support services are flourishing across the state. The state's recovery community is building bridges and saving lives. Recovery coaches are helping people who have precious few resources available to them, day in and day out. Recovery community centers are valuable meeting places and offer a variety of wellness activities.

Substance use disorders (SUDs) are highly preventable and treatable, and the state is implementing a comprehensive and lasting response to address this epidemic.

To receive an electronic version of this guide or the Treatment Resource Guide, please visit: dhhs.nh.gov/dcbcs/bdas/guide.htm or e-mail Health Promotion Advisor Randy Moser at: Randolph.Moser@dhhs.nh.gov.

To receive the Bureau of Drug and Alcohol Services' e-newsletter, please also e-mail Randy Moser at: Randolph.Moser@dhhs.nh.gov.



Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Health Promotions Advisor Randy Moser at 603-271-4972 or email: Randolph.Moser@dhhs.nh.gov with any new information.

Find additional information about treatment and recovery support services at: nhtreatment.org and nhrecoveryhub.org

Recovery Community Center by Locations

NORTH COUNTRY

BERLIN

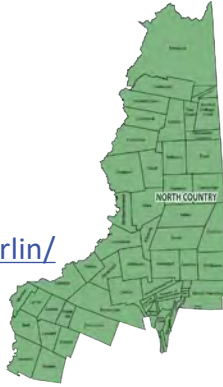
Hope for New Hampshire Recovery

823 Main Street

Berlin, NH 03570

PH: 603.752.9900

Website: hopefornhrecovery.org/berlin/



LITTLETON

North Country Serenity Center

39 Main Street

Littleton, NH, 03561

PH: 603.444.1300

Website: northcountryserenitycenter.org

WINNIPESAUKEE AREA

LACONIA

Navigating Recovery of the Lakes Region

635 Main Street, Suite 303

Laconia NH, 03246

PH: 603.524.5939

Website: navigatingrecovery.org



TILTON

Greater Tilton Area Family Resource Center

5 Prospect Street

Tilton, NH 03276

PH: 603.286.4255

Website: gtafrfc.wordpress.com

CARROLL COUNTY

CONWAY

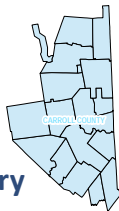
Mount Washington Valley Supports Recovery

1620 East Main Street

Conway, New Hampshire 03813

PH: 603.662.0668

Website: mwvsupportsrecovery.org/about-us



NORTH CONWAY

The Shed (North)

2977 White Mountain Highway

North Conway NH 03860,

PH: 603.651.1441 ext 2

Website: whitehorseac.com

OSSIPEE

White Horse Recovery Services Center (The Shed)

70 Rt. 16B

Center Ossipee, NH 03814

PH: 603.301.0041

Website: whitehorseac.com

GREATER SULLIVAN AREA

CLAREMONT

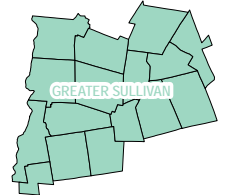
Center for Recovery Resources

Pleasant St. Suite 104

Claremont, NH

PH: 603.287.7127

Website: tlcfamilyrc.org/thecenter.html



STRAFFORD COUNTY AREA

DOVER

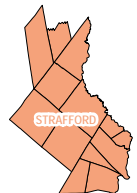
SOS Recovery Community Center

4 Broadway

Dover NH 03820

PH: 603.841.2350

Website: sosrco.org



ROCHESTER

SOS Recovery Community Center

63 S. Main St.

Rochester, NH 03867

PH: 603.841.2350

Website: sosrco.org

GREATER MANCHESTER

MANCHESTER

HOPE for New Hampshire Recovery

293 Wilson Street

Manchester NH 03103

PH: 603.935.7524

Website: hopefornhrecovery.org



SEACOAST

PORTSMOUTH

Safe Harbor Recovery Center
865 Islington Street
Portsmouth, NH 03801
PH: 603.570.9444
Website: granitepathways.org/shrc



GREATER NASHUA

NASHUA

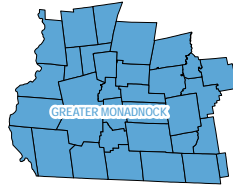
Revive Recovery Center
263 Main St
Nashua, NH 03060
PH: 1.888.317.8312



GREATER MONADNOCK

KEENE

Keene Serenity Center
40 Carpenter Street
PO Box 327
Keene 03431
PH: 603.283.5015
Website: keeneserenitycenter.org



New Hampshire 



2-1-1™

Get Connected. Get Answers.

An initiative of Granite United Way



Recovery is a journey,
not a destination.

Description of Services

All Peer Recovery Support Service providers offer the services below, but they vary widely from organization to organization. Please call or visit individual providers websites for a full list of services.

Peer Recovery Coaching: Services provided by trained peers who serve as guides and mentors to individuals seeking or in recovery in order to assist those individuals with developing a recovery plan and removing barriers to recovery.

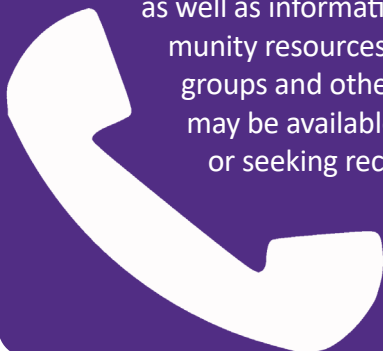


Healthy living groups: Peer Recovery Support Service providers offer a wide range of healthy living groups. These groups may take the form of gardening or yoga activities, financial literacy, goal setting, work readiness training and more.



Contact providers directly for more information.

Telephone Peer Recovery Support Service: Scheduled and as needed telephone contacts that provide peer support and encouragement as well as information about community resources, mutual support groups and other supports that may be available to individuals in or seeking recovery.



Mutual support groups meetings: Every recovery community center makes space available for a variety of recovery groups including Alcoholics Anonymous, Narcotics Anonymous, Al-Non, and family support groups.



Contact providers directly to learn more about scheduled meetings.

OTHER RECOVERY RESOURCES

Mutual Aid Groups

New Hampshire Alcoholics Anonymous: nhaa.net

New Hampshire Narcotics Anonymous: gsana.org

SMART Recovery: smartrecoverynh.org

Heroin Anonymous: heroinanonymousnh.org

New Hampshire Al-Anon: nhal-anon.org

Grief Recovery After a Substance Passing (GRASP): grasphelp.org

Family Support Programs

Families Sharing Without Shame: families-sharing-without-shame.com

NH Family Support Groups: nh4youth.org/families-youth/family-support-groups-substance-use-issues

See all state-funded family support groups at the Recovery Hub: nhrecoveryhub.org/familysupport